

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- We recognize the significant impact that the wildfires in Los Angeles County are having on individuals and families across the region, especially for those caring for older adults and/or people living with Alzheimer's or another dementia. Here are some resources you can share with your networks:

- [LA County Department of Public Health Fire Safety and Health Information](#)
- [LA County Aging & Disabilities Department Wildfire & Windstorm Resources](#)
- [LA County Wildfire Recovery Resources](#)
- [Alzheimer's Los Angeles Fire Response Resources](#)

- New Resource!** The Milken Institute Alliance to Improve Dementia Care released their latest report, "Improving Early Detection of Cognitive Impairment and Dementia." This report presents the latest insights, innovations, and scalable solutions to enhance early detection of mild cognitive impairment and dementia across dementia across healthcare and community settings.

[Download the report here.](#)

- New!** The new Healthy Brain Initiative: Road Map for American Indian and Alaska Native Peoples is now available. This new Road Map provides actionable steps for strengthening public health responses to Alzheimer's and other dementias in American Indian and Alaska Native communities. [Learn more here.](#)

- New!** JAMA Neurology recently published an opinion article titled Heatwaves and Neurodegenerative Disease that explores the intersection of climate change, particularly heat stress, and neurodegenerative diseases, such as Alzheimer's and Parkinson's. The article highlights the need to create targeted solutions to mitigate heat-related complications and protect these at-risk populations. [Read the full article to learn more.](#)

Funding Opportunities

ALZHEIMER'S ASSOCIATION: HEALTHY BRAIN INITIATIVE (HBI) ROAD MAP CHAMPIONS

Deadline: February 21, 2025

The HBI Road Map Champions Program is designed to support tribally led health programs and urban Indian organizations in implementing public health strategies on brain health, caregiving, and dementia in their community. Ten programs will be awarded, with the participation period running from March to December 2025.

In the Spotlight - ASA RISE Fellow Cinthie Lopez Paz

Cinthie Lopez Paz was selected as one of 32 fellows to join the American Society on Aging's RISE program, a new 20-week leadership and social justice initiative for leaders of color in aging. ASA RISE aims to improve well-being across a diverse aging population by creating a diverse leadership pool that improves policies and programs at the local, state, and national levels. [Learn more about ASA RISE here.](#)



Cinthie co-leads the Los Angeles County's Aging & Disabilities Department's Elderly Nutrition Program and previously led the implementation of L.A. Found, a countywide initiative aimed at helping families of individuals with cognitive impairment and intellectual/developmental disabilities prone to wandering. She has also been a dedicated member of the Healthy Brain LA Coalition since its launch!

Warmest congratulations to Cinthie on this remarkable achievement!

Share any success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources



TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment \(CHA\) implementation.](#)



TOOLKIT

[American College Preventative Medicine \(ACPM\) developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)



COMMUNITY RESOURCE

[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)



COMMUNITY RESOURCE

[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)



LEARNING MODULE

[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course.](#)

Free CE and CME/MOC credits.



TOOLKIT

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



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HBLA

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News and Updates

- **Upcoming Event!** Cedars-Sinai, in partnership with HBLA, is hosting a Brain Health and Longevity Event with a focus on Asian Americans at the Torrance Medical Center. [Learn more about the event here.](#)
- **New!** The UCLA Alzheimer's and Dementia Care program in partnership with the Alzheimer's Association is hosting an Alzheimer's and Dementia Care ECHO series starting on April 23, 2025. The series is free, offering up to 12 CMEs. If interested, email Rachel Goldberger at rbgoldberger@alz.org. [Learn more here.](#)
- **New!** The University of California San Francisco's Caregivers As Partners in Care Teams (CAP-CT) is offering a free one-hour self-paced training course for interprofessional primary care team to identify, engage, and support caregivers. CAP-CT is a nationwide initiative that equips health care teams with the skills and confidence to involve family caregivers in patient care. [Learn more here.](#)

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HILARITY FOR CHARITY: DEMENTIA HOME CARE GRANTS FOR CAREGIVERS

Deadline: Rolling Basis

Hilarity for Charity Alzheimer's and Dementia Care Grants offer exceptional home care to families affected by this disease, and to give these families the support and much-needed respite. These grants are for respite care hours, there is no cash value.

In the Spotlight - Expanding Comprehensive Dementia Care

The John A. Hartford Foundation awarded two grants to support a partnership between the Education Development Center (EDC), the University of California, Los Angeles (UCLA), and the Benjamin Rose Institute on Aging to engage GUIDE participants and non-GUIDE programs in expanding evidence-based comprehensive dementia care. This project titled "[Expanding Evidence-Based Comprehensive Dementia Care](#)" will contribute to the work being done through the National Dementia Care Collaborative (NDCC).

The project aims to help GUIDE participants succeed and thereby provide evidence for establishing GUIDE-model care as a permanent Medicare benefit. It will also create pathways to extend evidence-based dementia care to Medicare Advantage beneficiaries through adoption of established models and further support national dissemination of evidence-based dementia care.

[Visit the National Dementia Care Collaborative to learn more.](#)

Share any success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources



LEARNING MODULE NEW

[University of California San Francisco's \(UCSF\) Caregivers as Partners in Care Teams offers a self-paced training to help primary care teams identify, engage, and support caregivers. Free CE/CME credits.](#)



TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment \(CHA\) implementation.](#)



TOOLKIT

[American College Preventative Medicine \(ACPM\) developed a new toolkit, \[Community-Clinical Linkages to Promote Brain Health for Healthcare Providers\]\(#\).](#)



COMMUNITY RESOURCE

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COMMUNITY RESOURCE

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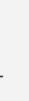


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Trainings and Webinars

Feb 19

1 PM PST

UCLA ADC Program: Better Caregiving for All Webinar Series: Spouse Caregivers of Persons Living with Dementia. [Register Now.](#)

Feb 19 - Jun 18

1 PM PST

Caring for Caregivers (C4C) Model: Monthly Virtual Learning Communities on C4C & GUIDE models' caregiver support strategies. [Register Now.](#)

Mar 4

11 AM PST

Justice in Aging: Medi-Cal HCBS: Why Medi-Cal is Critical in Older Adults. [Register Now.](#)

Mar 12

12 PM PST

DCA/Alz Association: Live Cognitive Health Assessment Basics Live Training. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

Feb 19

5:30 PM - 8 PM PST

Cedars-Sinai/HBLA: AAPI Brain Health and Longevity Event. In-person event at Torrance Memorial Medical Center: 3315 Medical Center Drive, Torrance, CA 90505. [Learn more.](#)

Feb 20

10 AM PST

Alzheimer's LA: Lost Memories Season 1. In-person event at Cerritos Senior Center: 12340 South St, Cerritos, CA, 90703. [Register Now.](#)

Feb 21

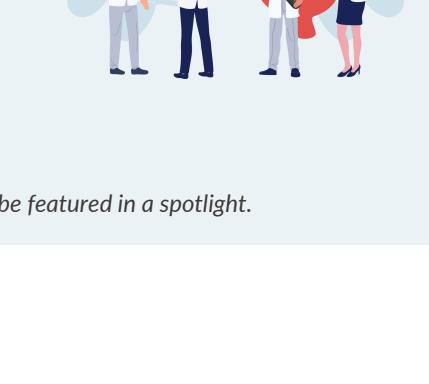
1 PM PST

Alzheimer's LA: Caring for those with Alzheimer's: African American Voices. In-person event at Mark Twain Library: 9261 S. Figueroa St, Los Angeles CA, 90003. [Register Now.](#)

Feb 26

5 PM PST

Alzheimer's LA: PJ's Unforgettable Pies: An Alzheimer's Love Story. Virtual. [Register Now.](#)



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HBLA

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News and Updates

- **New!** The [Caring for Caregivers \(C4C\) Model](#) has launched monthly Learning Communities to provide a collaborative space for participants to explore the C4C and GUIDE models' caregiver support implementation strategies. All interested parties are invited to join this facilitated learning opportunity. [Register for their upcoming meetings & learn more about the C4C model.](#)
- **New!** The [State Alzheimer's Research Support \(StARS\) Center](#) is a new initiative launched by researchers from the Rollins School of Public Health, the University of Minnesota, and Johns Hopkins to create a national data infrastructure that can be used to evaluate the effectiveness, accessibility, and equity of state and regional dementia care services. [Register for their upcoming webinar to learn more about the StARS Center.](#)
- **New!** The National Council of Dementia Minds is hosting a Friends and Family Session "Dementia and Depression: Listening, Learning, and Supporting." Participants will hear from those living with dementia and depression as they discuss challenges, coping strategies, and ways to support them. This event is open to persons living with dementia, families, friends, and professionals. The session is available at multiples times. Register for [Mar 25th \(10 AM PST\)](#), and [Mar 25th \(3 PM PST\)](#).

Funding Opportunities

STARS DEMENTIA CARE INNOVATION GRANTS

[Letter of Intent Deadline: May 23, 2025](#)

The State Alzheimer's Research Support (StARS) Center will provide funding and support for up to 16-pilot projects to assess the structure and outcomes of dementia care services. Request for Proposals will be posted on March 17th for funding starting in October 2025. StARS is hosting a webinar to review the grant application on April 3rd and April 7th.

[Learn more about the grant and upcoming webinars here.](#)

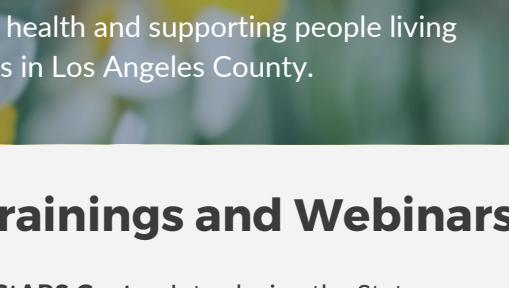
In the Spotlight - Brain Health for Longevity Event

Cedars-Sinai, in partnership with Healthy Brain LA and Torrance Memorial, hosted the Brain Health for Longevity: With a Focus on Asian Americans event at Torrance Memorial Medical Center on February 19th. The event drew in more than 200 attendees who participated both virtually and in person. Featured presentations offered an introduction to brain health and its importance, discussed the importance of primary care, and the relationship between lifestyle interventions and mental wellness on brain health.

Attendees from the community learned strategies to maximize brain health and reduce risk for dementia. The event also highlighted educational resources available through Healthy Brain LA and the Take on Alzheimer's awareness campaign.

[Learn more about The Memory & Healthy Aging Program at Cedars-Sinai.](#)

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Trainings and Webinars

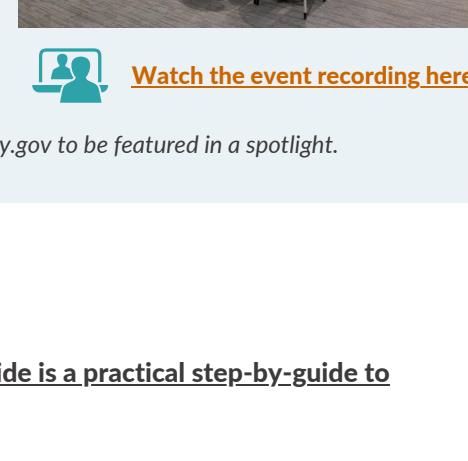
Mar 25 8:30 AM PST	StARS Center: Introducing the State Alzheimer's Research Support Center. Register Now.
Mar 25 1 PM PST	DCA: Understanding the New Diagnostics and Treatments in Alzheimer's Disease. Register Now.
Mar 26 1 PM PST	UCLA ADC Program: Better Caregiving for All Webinar Series: Caregivers of Veterans with Dementia. Register Now.
Apr 2 12 PM PST	PHCOE-DC: A Public Health Agency's Guide to Partnering with Faith-Based Organizations. Register Now.
Apr 17 12 PM PST	DCA/Alzheimer's Association: Cognitive Health Assessment Basics Live Training. Register Now.



Community Events

Get involved! Promote these events to your network.

Mar 25 10 AM PST	National Council of Dementia Minds: Dementia and Depression, Listening, Learning, and Supporting. Virtual. Register Now. Virtual. Register Now.
Mar 25 3 PM PST	National Council of Dementia Minds: Dementia and Depression, Listening, Learning, and Supporting. Virtual. Register Now. Virtual. Register Now.
Mar 31 5 PM PST	Alzheimer's LA: Communication & Dementia in Mandarin. Virtual. Register Now.
Apr 2 7 PM PST	Alzheimer's LA: Memory Loss & Alzheimer's: Normal Aging vs. Signs of Dementia. Virtual. Register Now.
Apr 6 1:30 PM PST	Mary S. Easton Center at UCLA: Alzheimer's Basics and Caregiving. In-person event at Welbrook Memory Care Santa Monica 1450 17th St., Santa Monica, CA 90404. See flyer.



[Watch the event recording here.](#)

Featured Resources



TOOLKIT

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TOOLKIT

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COMMUNITY RESOURCE

[Best Programs for Caregiving](#) is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.



COMMUNITY RESOURCE

[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)



LEARNING MODULE

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TOOLKIT

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)

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HBLA

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News and Updates

- **New!** The American Academy of Neurology has convened experts from their vast network of specialists to identify 12 factors that influence a person's brain health at all stages of life. Check out a [recently published article](#) spotlighting these factors.
- **Upcoming Event!** Join Alzheimer's LA for their 17th annual Faith & Health Luncheon on Thursday, May 15th at the West Angeles Cathedral from 11am to 1:30pm. This event offers vital education on recognizing symptoms and navigating care. Gather with people and organizations working together to connect with the Black/African American community about Alzheimer's and other dementias and learn about the importance of safety for both caregivers and those living with dementia. Free admission, [register by April 25th](#).
- **In case you missed it!** The UCLA Alzheimer's and Dementia Care Program is hosting a monthly virtual series entitled Better Caregiving for All. [Click here](#) to watch the most recent webinar focused on caregivers of veterans with dementia. Don't miss this opportunity to be informed, inspired, and motivated. The next webinar is scheduled for Wednesday, May 28th, at 1 pm PST. Visit [their website](#) to find more information about upcoming sessions.

Funding Opportunities

STARS DEMENTIA CARE INNOVATION GRANTS

[Letter of Intent Deadline: May 23, 2025](#)

The State Alzheimer's Research Support Center (StARS) is accepting applications for its dementia care innovation grants. Up to four projects will receive up to \$100,000 each to support research that improves the delivery, evaluation or accessibility of dementia care at the state level. Eligible applicants include a state and local governments, nonprofit, academic institutions and tribal governments.



Trainings and Webinars

April 21st 9 AM PST	Project ECHO: Fragile X, Aging, and Dementia. Register now .
May 5th 9 AM PST	Project ECHO: Cerebral Palsy, Aging, and Dementia. Register now .
May 5th 12 PM PST	DCA: The Cognitive Health Assessment - The Basics Live Training! Register Now .
May 7th 11 AM PST	PHCOE-DC: Risk Factors for Cognitive Decline Among Dementia Caregivers. Register now .
May 19th 9 AM PST	Project ECHO: Dual Diagnosis (MH/ID), Aging, and Dementia. Register now .



Community Events

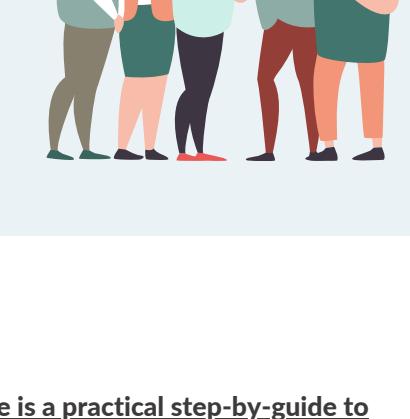
Get involved! Promote these events to your network.

Apr 25th 1 PM PST	Alzheimer's LA: Memory Loss & Alzheimer's: Let's Talk! Co-hosted by Gardena Valley Japanese Cultural Institute. 1964 W 162 nd St, Gardena, CA 90247. See flyer .
Apr 29th 10 AM PST	Alzheimer's LA: Memory Matters: Addressing Memory Concerns. Co-hosted by City of La Mirada. 13810 La Mirada Blvd, La Mirada, CA 90638. See flyer .
May 17th 9 AM - 12 PM PST	ONEgeneration: 16 th Annual Senior Symposium & Health Fair! This event is free and open to the general public. Register in advance for a complimentary extra raffle ticket. Although the Senior Symposium is focused on health and senior care, families with aging loved ones are encouraged to attend: 17400 Victory Blvd, Van Nuys, CA 91406. Register now .
June 14th 8:30 AM - 4:15 PM CST	PHCOE-DC: Caring for people with memory loss hybrid conference. The goal of this conference is to provide information, support, and education for adults, children, spouses, parents, health and community care providers, concerned with caring for people with memory loss. Register now .

In the Spotlight

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.



Featured Resources



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News and Updates

- **New!** The Cost of Dementia in 2025 - The United States Cost of Dementia Research Team has released an informative report which highlights the economic impact of dementia in the U.S. Estimates show that in 2025, the total cost of dementia is \$781 billion. [Click here](#) to learn more.
- **New!** The Alzheimer's Association released the latest edition of their annual report, [2025 Alzheimer's Disease Facts and Figures](#), focusing the latest data related to Alzheimer's disease, including caregiving, the dementia care workforce, and the use and costs of health care and services. For those who want to explore the full scope of the research or access additional resources, visit their [website](#).
- **Upcoming Event!** The Alzheimer's Association, in collaboration with Healthy Brain LA and its partners, is hosting a Dementia Awareness Champion Summit on June 2nd to promote early detection and discuss best practices for operationalizing timely screening and diagnosis in primary care settings. The event will be held at Olive View-UCLA Medical Center. [Click here to register](#).

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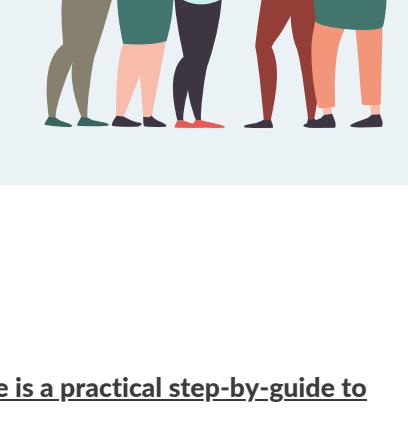
May 21 10 AM PST	PHOCOE-DC: Bridging Care - Training Providers to Integrate Family Caregivers into the Healthcare Team. Register Now .
May 21 12 PM PST	NADRC: Creating a Dementia-Capable Workforce of First Responders. Register Now .
June 2 8:30 PM PST	Alzheimer's Association: Dementia Awareness Champion Summit. In-person event at Olive View-UCLA Medical Center: 14445 Olive View Dr. Conference Room, Sylmar, CA 91342. Register Now .
June 4 11 AM PST	NADRC: Life Experience Informing Careers in Dementia Services and Supports - Panel Discussion. Register Now .



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June 7 9 AM PST	Alzheimer's LA : Early Memory Loss Virtual Conference. Register Now .
June 14 8:30 AM CST	PHCOE-DC: Caring for People with Memory Loss Hybrid Conference. The goal of this conference is to provide information, support, and education for adults, children, spouses, parents, health and community care providers, concerned with caring for people with memory loss. Register now .
June 28 9 AM PST	Alzheimer's LA: Caregiver Wellness Day. In-person event at ONEgeneration Senior Enrichment Center: 18255 Victory Blvd, Reseda, CA 91335. Register Now .
Varies	Alzheimer's LA: Virtual Support Groups. Learn more .



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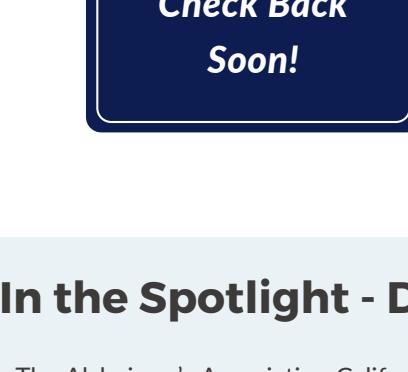
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- **New!** Dr. Elizabeth Joe and colleagues found that 3% of Los Angeles County Department of Health Service patients aged 65 years and older are diagnosed with dementia. [Read their article](#) published in Alzheimer's & Dementia.
- **New Resource!** Knowing the Signs: Memory and Aging is easy-to-understand educational brief designed to help the general public recognize which changes are a normal part of aging and which may be cause for concern, making them worth discussing with a health care provider. [Download the material.](#)
- **New Training!** Caregivers As Partners in Care Teams (CAP-CT) is a national training program designed to equip healthcare providers with the skills and tools needed to effectively engage family caregivers as partners in care. Through practical tips and interactive simulations, this training helps providers confidently identify, involve, and support caregivers throughout a patient's care journey. [Learn more here.](#)

Funding Opportunities



No updates right now.
We'll let you know
when there's more to
share.



Trainings and Webinars

Jun 18 11 AM PST	NADRC: Expanding the Reach of Dementia Programs: Making a Plan and Pivoting as You Learn Through Implementation. Register Now.
Jun 23 9 AM PST	PHCOE-DC: Memory Cafes: How Public Health Can Support Their Growth in Local Communities. Register Now.
Jun 26 12 PM PST	Dementia Care Aware & Alzheimer's Association: Cognitive Health Assessment Live Opportunity. Register Now.
Juy 9 12 PM PST	NADRC: Lewy Body Dementia: Navigating Diagnosis, Care Strategies, and Essential Support. Register Now.



Community Events

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Jun 17 Multiple Times	National Council of Dementia Minds: Driving with Dementia. Virtual. Register Now.
Jun 20 12 PM PST	Alzheimer's LA: Memory Loss & Alzheimer's: Let's Talk! In-person event at Loma Alta Park: 3330 Lincoln Ave, Altadena, CA 91001. Register Now.
Jun 23 10 AM PST	Alzheimer's LA: Behaviors & Alzheimer's Disease - Understanding Challenging Behavior Changes. In-person event at Diamond Bar Community Center: 1600 Grand Ave, Diamond Bar, CA 91765. Register Now.
Jun 23 5 PM PST	Alzheimer's LA: Behaviors & Alzheimer's Disease. Virtual. Register Now.
Jun 24 11:15 AM PST	National Council of Dementia Minds: Conserving My Cognitive Energy. Register Now.

In the Spotlight - Dementia Awareness Champion Summit

The Alzheimer's Association California Southland Chapter, in partnership with HBLA, hosted the Dementia Awareness Champion Summit on June 2nd. At this interactive event, attendees learned about individual and organizational benefits of early detection of dementia, workflows for operationalizing early detection in academic and public sector health systems, available treatment options that slow dementia progression, and how to effectively administer and interpret cognitive screening tools. They also learned where to seek technical assistance for building capacity to support early detection of dementia in healthcare and how to refer people with dementia, their caregivers and families to supportive services.

Congratulations to our local Alzheimer's Association Chapter for organizing and facilitating this inspiring event! If you are interested in learning more or accessing meeting content contact us at healthybrainla@ph.lacounty.gov.



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News and Updates

- **Upcoming Event!** The Alzheimer's Association International Conference (AAIC) is the largest international conference dedicated to advancing dementia science, AAIC for All (Thursday, July 31, 9 AM-1 PM ET) is a free, virtual event offering the latest in dementia research. Open to all, it features sessions for both community members and health professionals. Join live or watch later! [Register today.](#)
- **New Caregiver Resource!** The Alzheimer's Association is hosting a 5-part education series teaching caregivers how to navigate the responsibilities of caring for someone living with dementia. The Empowered Caregiver is a monthly virtual program that will run from August to December 2025. [See attached flyer for more information and share with your network.](#)
- **New Article!** The BOLD Centers of Excellence have jointly published an article in *Frontiers in Public Health* that outlines the key roles community health workers can play throughout the continuum of dementia care, improving brain health and reducing dementia risk at all life stages, such as improving early detection of cognitive impairment and helping caregivers navigate the daily challenges of dementia care in the community setting. [Read the full article to learn more.](#)

Funding Opportunities

ADPI: BUILDING DEMENTIA-CAPABLE COMMUNITY HEALTH WORKER PROGRAMS IN THE NATIONAL AGING NETWORK

[Application due: Wednesday, July 30, 2025](#)

Through the Alzheimers Disease Program Initiative, ACL seeks to enhance workforce capacity in the National Aging Network with the inclusion of dementia-capable Community Health Workers. As a result of this initiative, ACL intends to strengthen relationships with rural and underserved communities and address barriers to care for people living with dementia and their caregivers. Eligible applicants include Area Agencies on Aging. Twelve programs will be awarded for the 3-year project.

In the Spotlight - Alzheimer's Los Angeles Partners with LA County Supervisors to Raise Dementia Awareness

Alzheimer's Los Angeles has teamed up with the Los Angeles County Board of Supervisors to produce a series of impactful videos promoting *Dementia Friends* – a global initiative aimed at reducing the stigma surrounding dementia and building more dementia-friendly communities.

In these videos, each Supervisor shares insights on the growing prevalence of dementia in Los Angeles County, the harmful effects of stigma, the importance of supportive services, and how everyone can take simple steps to better understand and support those living with dementia.

You can watch the full video series now on the [Alzheimer's Los Angeles YouTube channel](#). We encourage you to share these resources widely and help spread the message of compassion and inclusion.

Watch. Learn. Share. Be a Dementia Friend.

Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources

TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide](#) is a practical step-by-guide to Cognitive Health Assessment implementation.

TOOLKIT

[American College Preventative Medicine developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)

COMMUNITY RESOURCE

[Best Programs for Caregiving](#) is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.

COMMUNITY RESOURCE

[California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.](#)

LEARNING MODULE

[Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course.](#) Free CE and CME/MOC credits.

TOOLKIT

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)

Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.

[Click Here to See Your District's Video!](#)

[Supervisor Hilda L. Solis - District 1](#)

[Supervisor Holly J. Mitchell - District 2](#)

[Supervisor Lindsey P. Horvath - District 3](#)

[Supervisor Janice Hahn - District 4](#)

[Supervisor Kathryn Barger - District 5](#)



@ChooseHealthLA #HealthyBrainLA

www.publichealth.lacounty.gov/healthybrainla



Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **In case you missed it!** ABC7 Eyewitness News partnered with the California Department of Aging to host an empowering one-hour town hall titled "The ABCs of Aging Town Hall: Getting Older and Wiser. Moderated by ABC7 anchor Marc Brown, the forum featured expert panelists, including members of our very own HBLA Coalition. [Watch the recording here.](#)
- **New!** ASTHO recently released their latest report – From Policy to Practice: Supporting Brain Health and Caregiving at the State Level. This report highlights concrete policy models and practical approaches strategies for promoting brain health and empowering caregivers across the lifespan ranging from bolstering workforce ability, public education campaigns, and strengthening data collection and utilization, to coordinated state-level planning and sustainable funding and reimbursement systems. [Download the report here.](#)
- **Your Input is Needed!** The Los Angeles County Aging & Disabilities Department, in partnership with the Los Angeles County Commission on Disabilities, is creating a Disability Services Strategic Plan to improve and expand services for people of all ages with disabilities. They are seeking to gather input from disability service providers, healthcare professionals, and community-based organizations through a virtual focus group on Tuesday, August 26th at 1pm. [Reserve your spot today.](#)

Funding Opportunities



No updates right now.
We'll let you know when there's more to share.



Trainings and Webinars

Aug 20 8 AM PST	NDCC UCLA HEALTH: GUIDE Affinity Group Meeting. Register Now.
Aug 20 9 AM PST	PHCOE-DC: Supporting Caregivers: Opportunities for Public Health in Growing and Sustaining Respite Programs. Register Now.
Aug 25 12 PM PST	NADRC: Dementia Respite Programs: Translating the Respite for All Faith-Based Model into Community-Based Environments. Register Now.
Sept 9 10 AM PST	NADRC: Grant to Growth: Building Sustainable Dementia Services, Supports and Trainings. Register Now.



Community Events

Aug 22 12 PM PST	Alzheimer's LA: Healthy Brain Habits. In-person event at Altadena Senior Center: 3330 Lincoln Ave, Altadena CA 91001. Register Now.
Aug 25 10:30 AM PST	Alzheimer's Association: 10 Warning Signs of Alzheimer's. In-person event at Commerce Public Library: 5655 Jillson St., Commerce, CA 90040. Register Now.
Aug 25 4 PM PST	Alzheimer's LA: Communication & Dementia - Connecting with a Person Living with Memory Loss. In-person event at Northridge Branch Library: 9051 Darby Ave, Northridge, CA 91325. Register Now.
Aug 27 4 PM PST	Alzheimer's LA: Memory Matters for African Americans. Register Now.
Sept 10 4:30 PM PST	Alzheimer's Association: Research Advances - The Latest Breakthroughs in Alzheimer's & Dementia. In-person event at the Rose Bowl: 1133 Rosemont Ave, Pasadena, CA 91103. Register Now.
Sept 13 9 AM PST	Alzheimer's LA: Advances in Alzheimer's Research. For a Diverse English - Speaking Community. In-person event at Skirball Cultural Center: 2701 N Sepulveda Blvd, Los Angeles, CA 90049. Register Now.

In the Spotlight - Conversations that Matter: Talking to Family Caregivers

The USC Family Caregiver Support Center has launched a new digital toolkit that offers providers practical strategies to better support dementia caregivers and promote their health. **Conversations that Matter** includes five brief modules on topics like emotional stress, financial strain, and care team communication. Each module features real caregiver quotes and simple scripts providers can use to guide meaningful conversations and connect families to resources.

The toolkit is mobile-friendly and easily integrated into clinical settings. It's now live and being actively shared—be sure to explore and share with your network! [Access the toolkit here.](#)



Conversations That Matter

TALKING TO FAMILY CAREGIVERS

Featured Resources



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LEARNING MODULE

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Healthy Brain LA

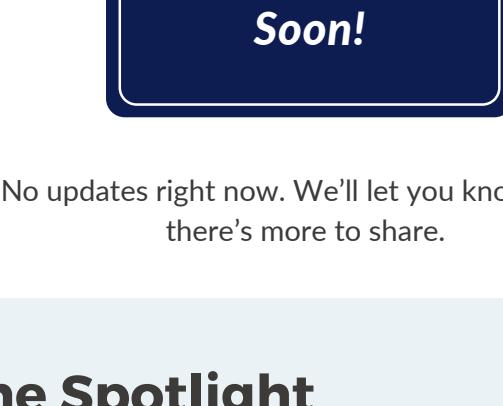
Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **New!** Discover [Dementia Care California](#) —a new website and resource designed to empower professionals, patients, and caregivers with practical support for dementia detection, diagnosis, and care. Developed by the Alzheimer's Disease Program in partnership with the University of California, San Francisco and leading dementia experts from across the state, this website is your hub for up-to-date clinical tools, caregiver tips, and California-focused resources.
- **New Resource!** September is World Alzheimer's Month, an international effort to raise awareness and challenge stigma. Alzheimer's Disease International has made a free selection of social media cards, posters, and infographics available to everyone that would like to take part in their global World Alzheimer's Month campaign. [Download the toolkit in three languages here.](#)
- **In case you missed it!** The USC Family Caregiver Support Center has launched a digital toolkit that offers providers practical strategies to better support dementia caregivers and promote their health. Conversations that Matter includes five brief modules on topics like emotional stress, financial strain, and care team communication. The toolkit is mobile-friendly and easily integrated into clinical settings. Be sure to explore and share with your network! [Access the toolkit here.](#)

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Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families.

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Trainings and Webinars

Sep 16 9 AM PST	PHOCE-DC: Supporting Caregivers - Opportunities for Public Health to Support Adult Day Sporting Programs. Register Now.
Sep 22 10 AM PST	NADRC: Caring Through Culture - End-of-Life Dementia Care Through Storytelling. Register Now.
Sep 22 12 PM PST	Dementia Care Aware: Cognitive Health Assessment Training. Register Now.
Sep 25 12 PM PST	NDCC GUIDE: Getting to Yes for Launch - Provider Engagement and Marketing Strategies for Patient Recruitment. Register Now.
Oct 9 10 AM PST	Alzheimer's Foundation of America: Healing with Pride – Designing Care that Sees, Affirms, and Restores. Register Now.
Oct 16 9 AM PST	Dementia Care Aware: Cognitive Health Assessment Training. Register Now.

Community Events

Sep 17 9:30 AM PST	Alzheimer's LA: Let's Chat – Anxiety Tips for Alzheimer's Caregivers. Register now.
Sep 26 9 AM - 4 PM PST	Alzheimer's LA: Advances in Alzheimer Research para la comunidad hispanohablante at Wedgewood Rio Hondo. In-person event at: 10627 Old River School Rd, Downey CA 90241. Register Now.
Sep 26 2 PM PST	Alzheimer's Association: Building Foundations of Caregiving. Register Now.
Sep 29 10:30 AM PST	Alzheimer's Association: Supporting Independence. In-person event at Commerce Public Library: 5655 Jillson St, Commerce CA 90040. Register Now.
Sep 30 5 PM PST	Alzheimer's LA: Memory loss and Alzheimer's (Mandarin). Register Now.

Oct 4 9 AM - 4 PM PST	Alzheimer's LA: Advances in Alzheimer Research for the Black/African American Community at CSU Dominguez Hills. In-person event at: Loker Student Union, 1000 E Victoria St, Carson CA 90747. Register Now.
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Featured Resources



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News and Updates

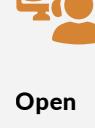
- **Upcoming Event!** Join Dr. Soo Borson and colleagues on Friday, November 14th for an interprofessional dementia care training program at the Gerontological Society of America 2025 Annual Scientific Meeting in Boston, MA. This preconference workshop for nurses, physicians, social workers, therapists, and system leaders will highlight evidence-based models to improve patient and care giver outcomes as well as opportunities for interdisciplinary collaboration in dementia research, policy, and education. [Learn more here.](#)
- **New Report!** The California Department of Public Health's Alzheimer's Disease Program released an evaluation of their Take on Alzheimer's Media Campaign. Findings show that while public awareness of Alzheimer's disease is increasing, misconceptions and stigma surrounding the condition persist and need to be addressed. **To learn more, read the attached PDF.**
- **New Resource!** The BOLD Public Health Center of Excellence on Early Detection of Dementia has launched their new interactive early detection of dementia implementation and sustainment decision tree tool. This tool was developed to guide organizations through key phases, action steps, community considerations, and capacity building steps to successfully adopt, implement, evaluate, improve, and sustain comprehensive early detection of dementia programs for communities. [Access the tool here.](#)

Funding Opportunities

CAREGIVERS AS PARTNERS IN CARE TEAMS (CAP-CT) LEARNING COLLABORATIVE

Deadline: November 7, 2025

CAP-CT is pleased to announce a funding opportunity for adult inpatient care delivery sites for their participation in a learning collaborative. During this 12-month learning collaborative, select sites will pilot a care process of their choosing to strengthen how they identify, engage, and support family caregivers. Sites will be offered an \$8,000 stipend for the time spent participating in the collaborative.



Trainings and Webinars

Open Enrollment	ASTHO: Equipping Community Health Workers to Address Alzheimer's Disease and Related Dementias in Their Communities. Register Now.
Oct 22 12 PM PST	Aging & Disabilities Department: Honoring the Journey – How L.A. Found is Changing Lives. Register Now.
Oct 23 10:30 AM PST	Los Angeles County Heart Healthy Learning Collaborative: Fall Learning Session. Register Now.
Oct 28 12 PM PST	National Dementia Care Collaborative: Autumn Summit. Register Now.
Oct 29 12 PM PST	Dementia Care Aware: CHA - The Basics Live Training. Register Now.



Community Events

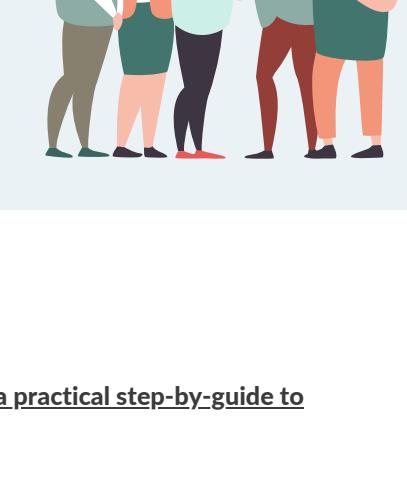
Get involved! Promote these events to your network.

Oct 18 10 AM PST	UCLA: Brain & Body Health Fair. In-person event at Normandie Church of Christ: 6306 Normandie Ave, Los Angeles, CA 90044
Oct 28 5 PM PST	Alzheimer's LA: Behaviors and Alzheimer's (Mandarin). Register Now.
Nov 5 3 PM PST	Alzheimer's LA: Holiday Tips for Caregivers. In person event at Lake View Terrace Branch Public Library: 12002 Osborne St, Lake View Terrace, CA 91342. Register Now.
Nov 6 4 PM PST	Alzheimer's LA: Making Home Safe - Identify Potentially Dangerous Situations for Someone Living with Dementia. In person event at Kaiser Downey: 9400 Rosecrans Ave Bellflower, CA 90706 Room: B2/B3. Register now.
Nov 6 6:30 PM PST	Alzheimer's LA Holding the Pieces Premiere Screening & Panel Discussion. In person event at Harmony Gold Preview House: 7655 West Sunset Boulevard, Los Angeles CA 90046. Reserve your free ticket today.
Nov 12 5 PM PST	Alzheimer's LA: Communication & Dementia - Maintaining Meaningful Interactions with a Person Living with Dementia. Register Now

In the Spotlight

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News and Updates

- Upcoming Event!** In recognition of National Family Caregivers Month and Alzheimer's Disease Awareness Month, join the Los Angeles County Aging & Disabilities Department for the L.A. Found Webinar, "Empowering Caregivers: Financial Red Flags and Cognitive Health," today, November 18, 2025, at 1:00 p.m. [Register Now.](#)
- New Resource!** The National Down Syndrome Society (NDSS) has launched CARE Down Syndrome, a free online education hub designed to help clinicians provide quality care for adults with Down syndrome. Featuring accredited CME courses, clinical resources, and practical tools, the platform supports providers with evidence-based guidance and continuing education. [Access the resource here.](#)
- In Case You Missed It!** The BOLD Public Health Center of Excellence on Early Detection of Dementia has launched a new interactive decision tree tool to help organizations plan, implement, evaluate, and sustain comprehensive early detection programs tailored to their communities. [Access the tool here.](#)

Don't forget that November is...

National Family Caregivers Month
Alzheimer's Disease Awareness Month

Funding Opportunities

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

[Deadline: Rolling Basis](#)

Hilarity for Charity is offering respite grants to those providing care to their loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or Adult Day Center care and have no cash value.

In the Spotlight - Clarity Pro: Financial & Legal Planning

Clarity Pro is a free tool to help health care teams identify social, legal, and financial needs of older adult patients and caregivers and get them the care and support they need.

Who is Clarity Pro for?

- Social workers
- Patient navigators and advocates
- Professional caregivers
- Legal professionals

[Download the flyer to learn more.](#) [Visit Clarity Pro to learn more.](#)

Clarity Pro and Clarity are developed by the UCSF-UC Law SF Consortium on Law, Science, & Health Policy in partnership with People Designs, with some support from the National Institutes on Aging and the AARP Foundation.

Send success stories, achievements, or highlight ongoing initiatives to (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.

Featured Resources



TOOLKIT NEW

[The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.](#)



LEARNING MODULE NEW

[University of California San Francisco's \(UCSF\) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.](#)



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TOOLKIT

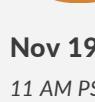
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



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Trainings and Webinars

Nov 19 **ASTHO:** Supporting Brain Health and Caregiving at the State Level. [Register Now.](#)
11 AM PST

Nov 19 **UCLA ADC Program:** Better Caregiving for All Webinar Series: Caregivers of Persons Living with Dementia and Addictions. [Register Now.](#)
1 PM PST

Dec 2 **NDCC:** National Dementia Care Collaboratives 2025 Autumn Summit. [Register Now.](#)
11 AM PST

Dec 3 **DCA and National Care for Equitable Care for Elders:** Partnership in Care: Supporting Patients and Caregivers After Early-Stage Dementia Diagnosis. [Register Now.](#)
11 AM PST

Dec 10 **DCA:** The Basic Live Training. [Register Now.](#)
12 PM PST

Mar 20, 2026 **UCLA David Geffen School of Medicine:** Brain Health 2026 Conference. [Register Now.](#)
8:30 AM PST



Community Events

Get involved! Promote these events to your network.

Nov 18 **L.A. Found:** Empowering Caregivers: Financial Red Flags & Cognitive Health. [Register Now.](#)
1 PM PST

Dec 3 **Alzheimer's LA:** Caring for Those with Alzheimer's: African American Voices. [Register Now.](#)
11 AM PST

Dec 4 **Alzheimer's Association:** Holiday Tips for Caregivers. Location: 9400 Rosecrans Ave, Bellflower, CA 90706. [Register Now.](#)
4 PM PST

Dec 5 **Alzheimer's Association:** Caregiving and the Holidays Altadena Sr Center. Location: Loma Alta Park 3330 Lincoln Ave Altadena, CA 91001. [Register Now.](#)
12:30 PM PST

Dec 17 **Alzheimer's LA:** Making Home Safe for a Person with Alzheimer's. [Register Now.](#)
10 AM PST



Share Clarity with patients and caregivers!

- Designed to help people make financial and legal plans so they can prepare for the future.
- Clarity features:
 - Easy-to-use web pages
 - Information in English & Spanish

www.planforclarity.org



@ChooseHealthLA #HealthyBrainLA

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HBLA

Healthy Brain LA

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News and Updates

- New Resources!** The BOLD Public Center of Excellence on Early Detection of Dementia has launched two new guides for community-based organizations and health departments interested in promoting early detection of dementia. These two guides offer sector-specific resources and case examples to advance efforts in improving early detection of cognitive decline and dementia. [Download the guides here.](#)

- New Resources!** The National Association of Chronic Disease Directors has released new downloadable risk reduction rack cards and infographics focused on brain health, smoking, depression, social connectedness, and vision loss. These materials complement their expanding collection of public-facing materials for partner dissemination. [Access the infographics here](#) and [download the rack cards here.](#)

- In Case You Missed It!** During the 2025 National Dementia Care Collaborative Virtual Autumn Summit, experts from the Center for Medicare and Medicaid Innovation shared lessons learned from the first year of GUIDE implementation. [Watch the recording here.](#)

Funding Opportunities

VIRTUAL COACH: HEALTHMATTERS PROGRAM

Deadline: [January 9, 2026](#)

This 12-week health promotion program is designed for community-based service providers, frontline staff, and caregivers to support healthy options and choices for people with intellectual and developmental disabilities.

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

Deadline: [Rolling Basis](#)

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.

In the Spotlight - Become Age-Friendly with Dementia Care Aware

Dementia Care Aware is partnering up with the Institute for Healthcare Improvement (IHI) this upcoming March 2026 as an Action Community Facilitator to support health systems in becoming Age-Friendly accredited.

Dementia Care Aware is inviting health systems to enroll and receive:

- Guided, step-by-step support throughout the accreditation process
- Coaching on dementia care clinical best practices

Who can join?

- Hospital settings
- Nursing homes
- Ambulatory practices
- Home health and convenient care clinics

[Learn more about the IHI Age-Friendly Health Systems Movement.](#)

Interested? Contact Dementia Care at dca@ucsf.edu

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Featured Resources



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